



BC BACKYARD ULTRA: 2024 RACE WEEKEND SCHEDULE

Sunrise/Sunset: 5:30am/8:15pm Average Temperature: 16°/5°

| THURSDAY, APRIL 25, 2024 | |
|---|---|
| 4-7pm | Race Package Pick Up: Sicamous Public Beach Park (Canteen/Concession) 110 Finlayson Street, Sicamous |
| 6pm | Optional Fun Run: Meet at the BC Backyard Ultra start line (Sicamous Public Beach Park) for a guided 4KM fun run to ask the RD any questions, see the route/ flagging, etc |
| FRIDAY, APRIL 26, 2024 | |
| 6am | Racers are welcome to arrive & set up their staging area *There is ample parking in the Sicamous Beach Park Entrance & Access |
| 7am-7:30am | Last Minute Race Package Pick Up: * Option for race package pick up at HEADQUARTERS on race morning (staging area, start/finish) HOWEVER , this should be a last minute alternative. |
| 7am – 7:45am | MANDATORY RACER CHECK IN *All racers must check in at HEADQUARTERS or you will be marked DNS (Did Not Start) |
| 7:55am-7:59am | Make your way to the starting chute |
| 7:55am | OH CANADA/WELCOME |
| 7:57am | Three minutes before the top of the hour, three whistles will blow |
| 7:58am | Two minutes before the top of the hour, two whistles will blow |
| 7:59am | One minute before the top of the hour, one whistle will blow |
| 8am | Let's Gooooo! *When the bell rings at the start of the hour, you must be ready to go and in the starting chute. If you are not in the starting chute and do not start when the bell rings, you are disqualified *Aid is not permitted once you are in the starting chute & on course |
| WHEN RACE IS COMPLETE.... | |
| Published Race Results & BCBYU Photos will be available within 48-72 hours post event (we need some zzzz's before we dive into confirming results, yards completed & double checking we captured your best side). | |
| Cheers for being patient & understanding! | |

