SHUSWAP ULTRA: RACE WEEKEND SCHEDULE

Sunrise/Sunset: 6:50am/6:35pm Average Temperature: 5°/17°

FRIDAY, SEPTEMBER 23, 2022	
12pm-8pm	RACE PACKAGE PICK UP Kintec Footwear 117 Hudson Ave NE, Salmon Arm BC *60km Racers: DROP BAGS MUST BE DROPPED OFF – they will not be accepted on Race Day
SATURDAY, SEPTEMBER 24, 2022 (60KM EVENT)	
7am	Overflow Parking Open *There will be signage directing you to overflow parking approx. 100 meters from Klahani Park *ABSOLUTELY NO parking on the road ***No vehicles are to be left running in the overflow parking area (potential fire hazard & British Columbia has a strict no idle policy)** *No vehicles are to be left overnight & the lot will be locked at 10pm
7-7:50am	60KM racer check in *Racers **ARE REQUIRED** to check in race day morning ***IF YOU DO NOT CHECK IN, YOU WILL BE MARKED DNS (DID NOT START)** *Signage will direct you to check in *Runners that have NOT checked in & have picked up their race package: we will attempt to contact you and/or emergency contact
7:50am	Mandatory Pre Race Mtg for 60KM Racers *Updates on course marking, trail conditions, wildlife, etc. *ALL RUNNERS SHOULD BE IN ATTENDANCE
7:50am	Drumming Ceremony & Dancers (Splatsin First Nation) *A portion of the course through private Splatsin First Nation land & they will be joining us to celebrate & send runners on their way!
8am	60KM START *This is YOUR day, enjoy it friends; we'll waiting for you at the finish line!
1-6pm	DJ & bouncy house at Mara Hills Golf Resort (finish line)
1-7pm	Various partner tents at Mara Hills Golf Resort (finish line) *Food & drink special(s) at the Mara Hills Golf Resort Clubhouse for race weekend
2pm	CUT OFF: 60KM runners must leave AS2 (Cec's Cabin) *This is a strict cut off & is enforced
3pm	60KM Awards (top female and male) *Will be awarded earlier or later, once both runners are in *Top female & male racers will receive Folk & Wild Shuswap Ultra painting
3pm	AS2 (Cec's Cabin) Drop bags available for pick up at Mara Hills Golf Resort (finish line) Note: The Lewiston Ultra Inc. is not responsible for lost, stolen or misplaced items
3pm -6pm	Shuttle available to take racers from Mara Hills Golf Resort (finish line) back to Klahani Park/Overflow Parking (start line)
8pm	CUT OFF: 60KM runners must cross the finish line by 8pm to receive official finish time & medal *This is a strict cut off & is enforced
10pm	Overflow Parking @ Klahani Park (start line) will be locked *Remaining vehicles will be towed, at owners expense

SUNDAY, SEPTEMBER 25, 2022 (20KM & 10KM EVENT)	
7am	Parking Open *There will be signage & volunteers directing you where to park *ABSOLUTELY NO parking on the road ***No vehicles are to be left running (British Columbia has a strict no idle policy)** *No vehicles are to be left overnight
7-7:50am	20KM racer check in *Racers **ARE REQUIRED** to check in race day morning ***IF YOU DO NOT CHECK IN, YOU WILL BE MARKED DNS (DID NOT START)** *Signage will direct you to check in *Runners that have NOT checked in & have picked up their race package: we will attempt to contact you and/or emergency contact
7:50am	Mandatory Pre Race Mtg for 20KM Racers *Updates on course marking, trail conditions, wildlife, etc. *ALL RUNNERS SHOULD BE IN ATTENDANCE
8am	20KM START *This is YOUR day, enjoy it friends; we'll waiting for you at the finish line!
8-8:50am	10KM racer check in *Racers **ARE REQUIRED** to check in race day morning ***IF YOU DO NOT CHECK IN, YOU WILL BE MARKED DNS (DID NOT START)** *Signage will direct you to check in *Runners that have NOT checked in & have picked up their race package: we will attempt to contact you and/or emergency contact
8:50am	Mandatory Pre Race Mtg for 10KM Racers *Updates on course marking, trail conditions, wildlife, etc. *ALL RUNNERS SHOULD BE IN ATTENDANCE
9am	10KM START *This is YOUR day, enjoy it friends; we'll waiting for you at the finish line!
9am-2pm	Various partner tents at Larch Hills Chalet (start/finish line)
9am-2pm	DJ & bouncy house at Larch Hills Chalet (start/finish line)
11-11:30am	20KM Awards (top female & male) *Will be awarded earlier or later, once both runners are in *Top female & male racers will receive Folk & Wild Shuswap Ultra painting
11-11:30am	10KM Awards (top female & male) *Will be awarded earlier or later, once both runners are in *Top female & male racers will receive Folk & Wild Shuswap Ultra painting
MONDAY, SEPTEMBER 26, 2022	
RACE RESULTS ARE LIVE! *Enjoy your recovery friends & we hope to see ya'll back at the start line September 23 & 24, 2023! *Race photos will be available & announced mid week.	