

SHUSWAP ULTRA: RACE WEEKEND SCHEDULE

Sunrise/Sunset: 4:45am/9:15pm

Average Temperature: High 22°/ Low of 8°

THURSDAY, JUNE 22, 2023	
4-7pm	RACE PACKAGE PICK UP Kintec Salmon Arm 17 Hudson Ave NE, Salmon Arm, BC *DROP BAGS MUST BE DROPPED OFF – DROP BAGS will not be accepted on Race Day
FRIDAY, JUNE 23, 2023	
12-8pm	RACE PACKAGE PICK UP Klahani Park 6391-10 th Ave SE, Salmon Arm, BC *DROP BAGS MUST BE DROPPED OFF – DROP BAGS will not be accepted on Saturday
10am	Overflow Parking Open *There will be signage directing you to overflow parking just above Klahani Park *ABSOLUTELY NO parking on the road *No vehicles are to be left running in the overflow parking area (potential fire hazard & British Columbia has a strict no idle policy) *No camping in the overflow lot
4-4:50pm	120KM racer check in *Racers ARE REQUIRED to check in race day *IF YOU DO NOT CHECK IN, YOU WILL BE MARKED DNS (DID NOT START) *Signage will direct you to check in *Runners that have NOT checked in & have picked up their race package: we will attempt to contact you and/or emergency contact
4:50pm	OH CANADA *Last minute race day reminders
5pm	120KM START (KLAHANI PARK)
SATURDAY, JUNE 24, 2023	
Top Finishers	Top male & female 120KM racers will be awarded once both runners are in *Top finishers will receive El Cruce entry, Saucony gift pack & custom charcuterie boards by Wild Woods Goods
5am	Parking Open *There will be signage directing you to overflow parking just above Klahani Park *ABSOLUTELY NO parking on the road *No vehicles are to be left running in the overflow parking area (potential fire hazard & British Columbia has a strict no idle policy) *No camping in the overflow lot
5:30-6am	SHUTTLE *Shuttles will pick up racers between 5:30-6am at the entrance of the overflow lot (above Klahani Park) and transport racers to the start line (Mara Hills Golf Resort) *Last shuttle will leave the overflow lot (above Klahani Park) at 6am *If you chose to drive to the start line at Mara Hills Golf Resort you are responsible for arranging transportation to retrieve your vehicle
6-6:50am	60KM/RELAY racer check in

	<p>*Racers ARE REQUIRED to check in race day morning</p> <p>*IF YOU DO NOT CHECK IN, YOU WILL BE MARKED DNS (DID NOT START)</p> <p>*Signage will direct you to check in</p> <p>*Runners that have NOT checked in & have picked up their race package: we will attempt to contact you and/or emergency contact</p>
6:50am	<p>OH CANADA</p> <p>*Last minute race day reminders</p>
7am	<p>60KM/RELAY START (MARA HILLS GOLF RESORT)</p>
11am-6pm	<p>Food Truck at Klahani Park</p> <p>*Racers receive \$5 off food purchase</p>
11-7pm	<p>Race Announcer</p> <p>*Here for the race, stay for the dad jokes, race day raffle prizeing & beverage garden!</p>
12-6pm	<p>Ricochet Brewing Beverage Garden</p> <p>*\$5 per pour (tap/cash accepted)</p> <p>*Craft beer & cider options</p> <p>*Racers are encouraged to use their branded silipint to help us reduce single use plastic use</p> <p>*Consumption of outside alcohol & alcohol outside of the beverage garden is not permitted</p>
12-6pm	<p>Trail Trash – Sponsored by Coros Canada</p> <p>*Bring any dropped garbage from the course, parking lot, etc and enter to win a Coros GPS watch from our friends at Coros Canada</p> <p>*Entry box & garbage collection will be at the race headquarters tent; must be legal age to enter</p>
1pm	<p>CUT OFF: All racers must leave Cec’s Cabin by 1pm</p> <p>*This is a strict cut off and will be enforced</p>
Top Finishers	<p>Top male & female 60KM racers will be awarded once both runners are in</p> <p>*Top finishers will receive El Cruce entry, Saucony gift pack & custom charcuterie boards by Wild Woods Goods</p> <p>Top Relay racers will be awarded once top teams are in</p> <p>*Top finishers will receive custom charcuterie boards by Wild Woods Goods</p>
4pm	<p>CUT OFF: All racers must leave Larch Hills Nordic Chalet by 4pm</p> <p>*This is a strict cut off and will be enforced</p>
10pm	<p>That’s a wrap on Shuswap Ultra 2023; overflow lot will be locked for 10pm</p>
<p>MONDAY, JUNE 26, 2023</p>	
<p>RACE RESULTS ARE PUBLISHED!</p> <p>*Enjoy your recovery friends & we hope to see ya’ll again soon!</p> <p>*Race photos will be available & announced by mid week.</p>	